



August-September 2023 Newsletter

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Healthy Bites

In this issue:

- **President's Welcome**
- **Industry Seminar**
- **#NSLW23**
- **Summer Conf Recap**
- **Get Outside**
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SAVE THE DATES:

- **CSNA Industry Seminar**
Oct 11-13, 2023
- **CSNA Summer Conf**
June 11-13, 2024

Hello CSNA Membership,

First things first, I cannot thank you all enough for allowing me to serve as your CNSA President for 2023-2024. It is truly incredible to see all the accomplishments the we have collaborated on since I joined this association and started my presiding journey as VP in 2021. We have Illuminated the Possibilities, Made the Climb, and with Healthy School Meals For All this year, we are going to Blaze this Trail. I can't wait to share our successes and grow Colorado School Nutrition stronger than ever.



As Colorado School Nutrition Professional, we have had the opportunity to take on the challenge of a lifetime, and the CSNA Governing Board has put a strong focus on this opportunity in the plan of action as we start a new three-year Strategic Plan.

You all contributed to the many WINS that we have already clenched and I look forward to many more as we focus on the Voice of School Nutrition, Career Development and Growth, Stakeholder Community, and a Thriving Organization.

As your President, I am so honored to follow in the footsteps of so many great leaders that have presided for this amazing association and hope to keep the march for all the leaders that will keep us all moving along this path to success.

We are going to have an epic year serving all the students of Colorado!

Sincerely,
Brandon Durio, CEC

2023-2024 CSNA President



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INDUSTRY SEMINAR 2023

We are looking forward to seeing everyone that has registered for the CSNA Industry Seminar taking place next month.

Congratulations to Nicole Withee and Sarah DeCristino our 2023 Scholarship award recipients!

Highlights in the agenda include:

- A welcome reception and game night to reconnect with colleagues and partners.
- **Three** general sessions full of information and ideas.
- Revamped Tabletop experiences and flash networking.
- Team building challenges.
- A silent auction to support the CSNA scholarship fund.
- Trivia Night on Thursday.

We can't wait to convene with you in the beautiful mountains this fall. See you there!

Full details on [CSNA's Website](#).





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National School Lunch Week

Oct 9-13, 2023

[National School Lunch Week is loading...October 9-13!](#)



Have you crafted your master plan yet?

- Check out the newly dropped [SNA-provided resources](#) (Spanish translations coming soon!):
- [Official #NSLW23 Toolkit](#). This manual is available exclusively for SNA members and includes a logistical checklist, social media guidance, tips for arranging media events and more.
- [Activity Guide & Coloring Sheets](#). Give students a fun way to power up their creativity with printable activity and coloring sheets.
- [#NSLW23 Merchandise](#). Check out the SNA Shop for a treasure trove of items designed to make your NSLW festivities unforgettable. Order by September 18 to ensure the best selection and on-time delivery.
- [Infographics](#). Share the benefits of school meals with parents, caretakers and community members with this easy one-pager.
- [Additional resources](#) include a customizable press release and proclamation, a social media toolkit (*coming soon*), official artwork and more.

Get ready to conquer [#NSLW23](#)! Don't miss out on these power-ups—access your resources today and gear up for an epic week!

#NSLW23 resources are supported by [Kellogg's](#).





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CSNA Summer Recap and 2024 Save the Date

It was great to see everyone in Pueblo where we “Blazed the Trail” during our Summer 2023 conference. We had 315 district attendees and 122 vendors in attendance! Thank you to everyone that took time out of their busy schedules to participate. Congratulations to Michelle Johnson, the Passport booth game winner!

Our conference planning committee is already getting started on planning for 2024.

Save the Date for June 11-13, 2024 when we will back in Loveland for another amazing event!

Be on the lookout for communications coming out in the next couple of weeks for One Plate Sponsorships and Student Team Application packets.





GET OUTSIDE!

The Abyss Trail: Grant, CO-Dog Friendly (11.7 miles)

The fall colors that make this hike so amazing don't start until about 2.5 miles in so don't be discouraged by the green and brown start to the trail.

Legault Mountain: Conifer, CO-Dog Friendly (5.2 miles)

You start walking through Aspens, then at the peak you have incredible views where you see the deep greens from the pines & then the golden Aspens peak through!

Raccoon Trail-Golden Gate State Park: CO-Dog Friendly (5.2 miles)

This beautiful trail is almost completely lined with Aspens! Golden Gate Canyon State Park is perfect for fall hikes and Raccoon Trail offers plenty of color and views. There's almost no cell service in the park so have your directions and trail info ready before you go.

Devil's Head Firetower Hike: (2.8 miles)

Beautiful drive south of Castle Rock. The drive takes you up the mountain and through golden Aspens. The hike itself offers beautiful views of the area and plenty of Aspen Trees! Don't forget to climb the stairs when you get to the Firetower. You will see panoramic views of mountains. The hike is dog friendly, but the Lookout Tower does not allow dogs.

Increase Your District's ADP ASAP

Sneak a peek at a couple of our free recipes to increase your district's ADP:

- Spicy Smashed Chickpea Salad
- PB&J Overnight Oats



[Discover More »](#)

CSNA 2023-24 Industry Members

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